



TENNESSEE CENTER FOR  
REPRODUCTIVE ACUPUNCTURE

# Medicated Cycle Acupuncture Protocol

**Stimulation:** One treatment between cycle day 5-9 can help:

- Improve blood flow to the uterus and ovaries
- Reduce stress
- Decrease side effects of medications
- Support egg quality, quantity, and development

**Ovulation:** One treatment around the anticipated time of ovulation can help:

- Decrease uterine contractions
- Facilitate ovulation
- Support progesterone levels
- Reduce stress
- Increase the thickness and quality of the uterine lining
- Improve blood flow to the uterus

**Implantation/Luteal Phase:** One treatment 6-10 days after ovulation can help:

- Decrease uterine contractions
- Support implantation
- Reduce stress
- Support early pregnancy

*"There is no doubt in my heart that acupuncture played a major role in conceiving."*

## Let us support your journey

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