



TENNESSEE CENTER FOR
REPRODUCTIVE ACUPUNCTURE

IVF Retrieval Cycle Acupuncture Protocol

Preconception: It is optimal to receive treatments 1 time per week during the 3 months prior to beginning an IVF retrieval cycle.

- Regulate hormones
- Reduce stress
- Improve blood flow to the ovaries
- Support egg health and quality

Stimulation: Treatments twice weekly concurrent to taking ovarian stimulation medication(s) can help:

- Improve blood flow to the ovaries
- Support egg quality, quantity, and development
- Reduce stress
- Decrease side effects of medications

Post Retrieval: Treatment as needed for pain or swelling post retrieval can help:

- Support healing process
- Decrease abdominal swelling/pain
- Reduces stress

"There is no doubt in my heart that acupuncture played a major role in conceiving."

Let us support your journey

342 Ebenezer Road | Knoxville, TN 37923 | 865.315.3845
Info@TennesseeReproductiveAcupuncture.com
TennesseeReproductiveAcupuncture.com

