



TENNESSEE CENTER FOR  
REPRODUCTIVE ACUPUNCTURE

# Donor Egg/Embryo Adoption Acupuncture Protocol

**Preconception:** It is optimal to receive treatments 1 time per week during the 1-2 months prior to beginning an IVF cycle.

- Regulate hormones

- Reduce stress

- Improve blood flow to the uterus

**Stimulation:** Treatments twice weekly concurrent to taking estrogen medication(s) can help:

- Improve blood flow to uterus

- Reduce stress

- Decrease side effects of medications

- Increase thickness and quality of the uterine lining

**Day of Transfer:** Two treatments within 24 hours before and after embryo transfer can help:

- Decrease uterine contractions

- Support implantation rates

- Reduce stress

**Implantation:** One treatment 5-7 days post transfer can help:

- Decrease uterine contractions

- Support implantation rates

- Reduce stress

- Support early pregnancy

*Please call the office or email as soon as you know your transfer time and date.*

**Let us support your journey**

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